

36" Super  
Trophy for Age  
Division Champs!



THE NITTANY LION WRESTLING CLUB



Ohio Tournament of  
Champions  
Qualifier!

Clinic of  
Champions before  
Weigh-ins!

and

DECKER TAPE PRODUCTS, Inc.

present

Penn State Wrestling  
and NLWC Clothing  
will be sold!

Wrestling on 16  
Mats in Penn  
State's Home  
Gym!

## 2020 Nittany Lion Wrestling Tournament

at Penn State on Sunday, March 1st, 2020

*the Largest One-Day Open Tournament in the East!*

Top 100  
Tournament!

**Start Time:** 8:00 a.m. on Sunday, March 1st - All Divisions

**Registration:** Entry fee is \$50.00. No Walk Ins. No refunds or transfers of registration for any reason. Go to [www.nittanylionwrestlingclub.com](http://www.nittanylionwrestlingclub.com) to register for the tournament. Registration will close whenever 1,200 entries is reached or at 5 p.m. on Thursday, February 27<sup>th</sup>. Registration will be limited to the first 1,200 registrants. Livestreaming of matches will be accessible through Trackwrestling.

**Weigh-Ins & Skin Checks:** All Divisions must weigh in Sat., February 29th, from 5pm - 8pm at the **State College H.S. North Building**. For those who want to weigh-in earlier than the time specified above, there will be a Sat. weigh-in from 11am – 1pm also at the State College H.S. North Building. **Tournament participants who want to weigh-in during this 11am-1pm time slot will be required to pay an additional \$20 at the door.**

Clinics of Champions participants competing in the tourn. will be given weigh-in cards at clinics and will be able to weigh-in immediately following clinics. Refer to clinic info sheet ([www.nittanylionwrestlingclub.com](http://www.nittanylionwrestlingclub.com)) for times. Weigh-ins are at State College H.S. North Building this year because Rec Hall is booked with College athletic events on Sat. The State College H.S. North Building is approximately 1.5 miles from Rec Hall. There will be no Sunday weigh-ins. Weights can be changed at weigh-ins. Singlet is required at weigh-ins. No satellite weigh-ins permitted. No weight allowances for singlet or for any wrestler in any division at weigh-ins. Tournament officials will make final determination on skin disorders. For directions to State College H.S. North Building, use 653 Westerly Pkwy, State College, PA 16801.

**Tournament Location:** Rec Hall-Penn State University (Curtin Rd., State College, PA)  
Admission-\$5 Adults, Students Free. Parking fee may be charged by the University.  
Parking map and directions are available at: [www.nittanylionwrestlingclub.com](http://www.nittanylionwrestlingclub.com).

**Age Divisions:** Age as of day of tournament. Proof of age/copy of birth certificate is required if contested. Any challenges must take place prior to start of match.

6 & Under	40, 45, 50, 55, 60, 65, Hwt-Max 80 lbs.
7 & 8	45, 50, 55, 60, 65, 70, 80, 90, Hwt-Max 115 lbs.
9 & 10	55, 60, 65, 70, 75, 80, 85, 90, 95, 105, 120, Hwt-Max 150 lbs.
11 & 12	65, 70, 75, 80, 85, 90, 95, 100, 105, 115, 125, 135, 145, 160, Hwt-Max 200 lbs.

**Jr High Division:** Proof of grade is required if contested. Any challenges must take place prior to start of match.  
Jr.High (7<sup>th</sup>-9<sup>th</sup>) 77, 82, 87, 92, 97, 102, 107, 112, 117, 124, 132, 140, 147, 157, 167, 187, 212, Hwt-Max 252 lbs.

\*\*\*Participants may wrestle in two divisions. Two registration fees are required. Should a case occur where a wrestler is called for two matches at the same time, there will be no rest time between matches, and the wrestler has the responsibility to inform the other mat. The tournament is run through Trackwrestling. Bout numbers will be displayed on mat side clocks and on the big scoreboards in Rec Hall. There will be no announcing of names. If a wrestler does not show up at a mat within 2 bouts, it will be a forfeit. 7<sup>th</sup> Graders who meet the age requirements to wrestle in the 11 & 12 Age Division are permitted to do so.

**Rules/Format:** PIAA modified rules. Double Elimination. Unseeded Tournament. Referee's decision is final.  
Age Divisions are 1-1-1; overtime is 1 min, 30 sec ride out.  
Jr. High Division is 2-1-1; consolations are 1-1-1; overtime is 1 min, 30 sec ride out.  
Tournament directors reserve the right to combine weight classes if necessary.

**Awards:** Age Divisions: 36" *SUPER Trophy* for 1<sup>st</sup> Place. Trophies for 2<sup>nd</sup> & 3<sup>rd</sup> Places.  
Jr. High Division: Medal for 1<sup>st</sup> Place, 2<sup>nd</sup> & 3<sup>rd</sup> Places.

**Hotels:** **Ramada State College Hotel & Conference Center by Wyndham**-814-238-3001; \$94/night; reference code "NLW20"; located at 1450 S. Atherton St., State College, PA 16801; has indoor pool and spa tub.

**Hampton Inn State College**-814-231-1590; \$94/night; reference code "NLI". Located at 1101 East College Ave, State College, PA 16801; close to campus with fully renovated rooms in 2018; includes breakfast buffet and Wi-Fi.

**For questions regarding the tournament, contact Tournament Director, Eric Thompson,**  
[ethompson285@gmail.com](mailto:ethompson285@gmail.com)

For your mat tape needs, please consider great supporter of wrestling and tournament sponsor,  
**Decker Tape Products, Inc. at [www.wrestlingmattape.com](http://www.wrestlingmattape.com).**